



2200 NE Neff Road Suite 100
Bend, Oregon 97701
Phone (541) 322-2395
Fax: (541) 322-2370

Patient name: _____

Cascade Surgicenter Patient Pre-procedure Instruction Sheet:

- Your arrival time will be called one business day prior to your procedure, between 12 and 4:30 p.m. A nurse will need to review your medical history and medications at that time. Please call (541) 322-2395 if you have not heard from us by 4:30.
- Some procedures require that you do not eat or drink ANYTHING 6 hours prior. Please follow the specific instructions given to you during your time call.
- You may need to hold your maintenance pain medications or anticoagulant medications, please follow the specific instructions given to you during your time call.
- Please bring the following items if needed: Insulin/snack if you have a gluten allergy/asthma inhaler/pacemaker or cardiodefibrillator records.
- **You MUST arrange for an adult to drive you to and from your procedure**
- Limit family members: 1 for adults and 2 for children.
- Wear loose fitting, comfortable clothing, preferably no belt around the waist.
- Bring Driver's license, or photo ID, insurance card and co-payment. Leave all other items of value at home (i.e. jewelry, cash, credit cards).
- Do not wear perfume, cologne or jewelry the day of your procedure
- We are located at THE CENTER. Please park in the underground parking lot area (accessed from the west side of the building; go down ramp). Come through doors on underground level. The check-in desk is located on the left side of the waiting room.
- Please notify the Cascade Surgi-Center at 541-322-2395 or call your physician at 541-382-3344 if you develop a sore throat, fever, or illness. This is an elective procedure and could be cancelled if you are ill.